



Volunteer Opportunities

YOUTH SPORTS COACH & OFFICIAL

We are looking for coaches to provide instruction and leadership in soccer, t-ball (baseball), basketball and many other sports offered year round. Volunteer officials are also needed to provide players with guidance and education during games according to Y rules and guidelines. Head coaches must be at least 18 years old, and assistant coaches and officials must be at least 16 years old. We ask volunteer coaches and officials to commit to a whole season.

Age 16 years and up, Seasonal

KIDS UNIVERSITY VOLUNTEER

If you have a desire to work and a sincere interest in children, then we have a great opportunity for you in our elementary programs. Volunteers help supervise children or lead an activity you are passionate about during Kids University, and will interact with the children in both groups.

Age 16 years and up, Monday – Friday 3:00 – 6:30 pm

KIDS ZONE ASSISTANT

Spend a few hours making a positive impact on a child's life through fun activities and enrichment projects. Jump and play, or read and create.

Age 14 years and up, Monday – Saturday – Flexible Hours

EQUIPMENT CLEANING ASSISTANT

Help us keep the Y looking shiny and clean. No experience necessary! Volunteer will fold towels, clean exercise equipment and maintain overall cleanliness of the facility.

Age 14 years and up, Daily – Flexible hours

MEMBERSHIP & ADMINISTRATION ASSISTANT

Assist our Membership Team, create relationships with people in the community while gaining administrative skills and helping at our front desk.

Age 16 years and up, Daily – Flexible hours

HEALTHY LIVING PROGRAM ASSISTANT

Build your resume by working one-on-one with Y members, teaching group wellness classes, presenting health and wellness seminars, working with youth, seniors, or special populations, learning customer service skills at our front desk, and creating informational bulletin board material.

Age 18 and up, 10 week commitment, Days and times vary

For more information or detail contact:

Volunteer Coordinator – **Elizabeth Sweitzer** esweitzer@seattleyymca.org

If you are interested in volunteering, please fill out the information below

Name: _____

Email: _____

Phone Number: _____

What is the best way to contact you with opportunities? Phone Email

What program are you interested in volunteering with?

Referred By: _____